



P.E.T. PUBLICATIONS



Key to
Successful
Life



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



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Successful
Life

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BY

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Composed on Macintosh by
TALIB HUSSAIN ZAIDI

إِلَهِي كَفَى بِي عِزًّا أَنْ أَكُونَ
 لَكَ عَبْدًا وَكَفَى بِي فَخْرًا
 أَنْ تَكُونَ لِي رَبًّا أَنْتَ
 كَمَا أُحِبُّ فَاجْعَلْنِي كَمَا تُحِبُّ
 آمِينَ

ILAAHEE KAFAA BEE I'ZZAN AN
 AKOONA LAKA A'BDAN WA
 KAFAA BEE FAKHRAN AN
 TAKOONA LEE RABBAN
 ANTA KAMAA UH'IBBU
 FAJ-A'LNEE KAMAA TUH'IBBU

AMEEN

[O my Allah, the honour of being
 Your servant is sufficient. I am
 proud of the fact that You are
 my Lord. You are just as I want,
 so make me just as You like me
 to be.]

So be it.



HAJI HASSANALLY P. EBRAHIM

founder chairman, who, with a dedicated pioneering commitment, through printed books, established a permanent source of religious knowledge to communicate to the English speaking faithfuls, growing more and more, each day, all over the world, the message of Islam.

وَإِذَا سَأَلَكَ عِبَادِي عَنِّي فَإِنِّي
قَرِيبٌ أَجِيبُ دَعْوَةَ الدَّاعِ إِذَا
دَعَانِ فَلْيَسْتَجِيبُوا لِي وَلْيُؤْمِنُوا بِي
لَعَلَّهُمْ يَرْشُدُونَ

And When My servants ask
you about Me,

then (say to them that) verily
I am very near;

I answer the prayer of the
supplicant when he beseeches
Me.

So they should hear My call,
and believe in Me,

so that they may be led aright.
[Al Baqarah : 186]

PREFACE

Du-a forms a basic part of the spiritual life. It is an excellent means of communication and the appropriate way to address and beseech Allah for His help with one's praise, thanksgiving, hopes and needs.

Imam Ali a.s. says that "supplication is the key to success and prosperity. Know that Allah, in Whose hands are the treasures of the kingdom of this world and the next, has given you permission to supplicate Him and He has guaranteed that you will be answered. Allah has not appointed guards to prevent your prayers from reaching Him. Invoke His help in difficulties and distress." Therefore, all we need to do is to "ask"

AHADITH ON DU-A

The infallibles say:

“A believer has two wings namely, the wing of hope and the wing of fear.”

“The best prayer is Du-a. When Allah inspires someone with Du-a, He opens the door of Mercy to him. A man of Du-a will never come wretched.”

The Holy Prophet s.a.

“If Allah gives someone the blessing of Du-a, He will not deprive him of an answer.”

Imam Ali a.s.

“Whoever praises to Allah with sincere worship, Allah the Almighty will descend for him the best of what is good for him.”

Sayyida Fatima s.a.

“I guarantee that whoever does not think of anything but the pleasure of Allah, will be answered whenever he prays to Allah.”

Imam Hasan a.s.

“The Holy Prophet s.a. used to raise his hands when he beseeched Allah, and he pleaded with Him the way a hungry beggar would plead for food.” **Imam Husayn a.s.**

Du-a removes both, the present affliction and that which will come down later.”

Imam Zayn al Abidin a.s.

“Never get tired of Du-a for Allah has attached much value to it.” **Imam Baqir a.s.**

“Du-a is more forceful than a sword.”

Imam Jafar al Sadiq a.s.

“Du-a reverts both what has been destined and what has not been destined.”

Imam Musa al Kazim a.s.

“A secret Du-a of Allah's servant is equal to seventy open Du-a.” **Imam Ali al Riza a.s.**

“The virtue of a person with good manners is that he recites the Holy Quran as it has been revealed and avoids wrong articulation of Du-a.” **Imam Muhammad al Taqi a.s.**

“Allah has special places on the earth where He likes to be supplicated on. Whoever prays in those places, his prayers may be quickly accepted.” **Imam Ali al Naqi a.s.**

“Do not ask for anything as much as you can, for there is a new sustenance for each day and know that insistence on asking removes man's value and will leave suffering behind.”

Imam Hasan al Askari a.s.

“Pray much for quick deliverance (through my appearance) for in that is your own deliverance.”

Imam Muhammad al Mahdi a.s.

RULES FOR SUPPLICATION

Just as our entire lives are based on a set of laws, whereby certain rules have to be followed; similarly for the acceptance of our supplication, we need to follow some regulations:-

**BEFORE RECITING EVERY
DU-A SAY SALAWAT:**

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

ALLAAHUMMA S'ALLI A'LAA
MUH'AMMADIN WA AALI
MUH'AMMAD

[O Allah send blessings on Muhammad
and on the children of Muhammad.]

and then say:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

BISMILLAAHIR
RAH'MAANIR RAH'EEM

[In the name of Allah,
the Beneficent, the Merciful.]

In the end again say *Salawat*.

Praising before supplication:

"Beware, if any of you wishes to ask his Lord something of the need of the world and the hereafter, let him begin by praising Allah (s.w.t.) and bless the Prophet and his progeny, and then ask Allah of his needs and he will be given."

[Imam Husayn a.s.]

Certitude and conviction in supplication:

"When you supplicate, deem that your object of need or desire is right at the door."

[Imam Jafar al Sadiq a.s.]

Always put your supplications to Allah (s.w.t.) through (*wasila*) of the Holy Ahl ul Bayt (a.s.) and give their *wasta* (reference) for its acceptance.

BEWARE!

Like the roadblocks that we come across in life's pathway, in the same manner, there are some which serve as a hindrance in the acceptance of our *du-as*.

When someone complained to Imam Ali a.s. that his prayers remain unanswered, Imam replied: "Your heart and mind have betrayed their trust in eight things":-

1. After recognizing Allah s.w.t., you have not justified your recognition by understanding Him and so your knowledge has been of no use to you.
2. You have believed in His Prophet, but have not followed his *sunnah*.
3. You read His Book, but do not apply it in your life. By words you claim that you have heard and obeyed but in deeds you fight against it.
4. You say that you're afraid of the wrath of Allah s.w.t. but lead a life of sin.
5. You express your desires to go to *jannah* but commit deeds, which actually take you away from it.
6. You eat of the bounties of Allah s.w.t. but do not express your gratitude for them.
7. The Holy Prophet s.a. has commanded you to make Shaytan your enemy but you have extended your hand of friendship to him.

- 8 You have made the finding of faults in others your life but go on ignoring your own.

Committing of sins is a backbone of the rejection of supplication.

In these circumstances, how can you expect your prayers to be heard when you your self have closed the doors for it. Therefore, lead a pious life, straighten out your deeds, so that your prayers can be heard.

FOR STRONG FAITH (IMAN)

Let's not forget that in the present times, maintaining firm faith amidst various distractions and temptation is of paramount importance. However, this is not an easy task to accomplish, therefore the following is a *du-a* which should be read regularly, to ensure strong faith:

DUA ADEELAH - DUA'A HIFZ IMAN

This *Du-a* will help you to reply the *Munkir Nakir* (Questioning angles) in the grave, so it should be learnt by heart.

رَضِيْتُ بِاللّٰهِ رَبًّا وَبِمُحَمَّدٍ صَلَّى اللهُ عَلَيْهِ
 وَآلِهِ نَبِيًّا وَبِالْإِسْلَامِ دِينًا وَبِالْقُرْآنِ
 كِتَابًا وَبِالْحُجَّةِ قِبْلَةً وَبِعَلِيٍّ وَلِيًّا وَ
 إِمَامًا وَبِالْحَسَنِ وَالْحُسَيْنِ وَعَلِيِّ ابْنِ
 الْحُسَيْنِ وَمُحَمَّدِ بْنِ عَلِيٍّ وَجَعْفَرِ بْنِ مُحَمَّدٍ
 وَمُوسَى بْنِ جَعْفَرٍ وَعَلِيِّ بْنِ مُوسَى وَمُحَمَّدِ
 بْنِ عَلِيٍّ وَعَلِيِّ بْنِ مُحَمَّدٍ وَالْحَسَنِ بْنِ عَلِيٍّ
 وَالْحُجَّةِ بْنِ الْحَسَنِ صَلَوَاتُ اللهِ عَلَيْهِمْ
 أَكْثَرًا اللَّهُمَّ إِنِّي رَضِيْتُ بِهِمْ أَكْثَرًا
 فَأَرْضِنِي لَهُمْ إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

RAZ''EETU BILLAAHI RABBAN
 WA BIMUH'AMMADIN S'ALLALLAAHU
 A'LAYHI WA AALIHEE NABIYYAN
 WA BIL ISLAAMI DEENAN WA
 BIL QUR-AANI KITAABAN WA BIL
 KA'-BATI QIBLATAN WA BI-A'LIYYIN
 WALIYYAN WA IMAAMAN WA
 BIL H'ASANI WAL H'USAYNI
 WA A'LIYYIBNIL H'USAYN WA
 MUH'AMMADIBNI A'LIYYIN WA
 JA'-FARIBN MUHAMMADIN WA
 MOOSABNI JA'FARIN WA A'LIYYIBNA
 MOOSAA WA MUH'AMMADIBNI

A'LIYYIN WA A'LIYYIBNA
 MUH'AMMADIN WAL H'ASANIBNI
 A'LIYYIN WAL H'UJJATIBNIL H'ASAN
 S'ALAWAATULLAAHI A'LAYHIM
 A-IMMATAN ALLAAHUMMA INNEE
 RAZ'AYTU BIHIM A-IMMATAN
 FA-ARZ'INEE LAHUM INNAKA
 A'LAA KULLI SHAY-IN QADEER

I am satisfied and happy that Allah is my Lord, Muhammad s.a. is my Prophet; Islam is my religion. Quran is the Book (I follow), Kabah is the direction (towards which I turn), Ali is the *wali* (vicegerent) and Imam (Guide), Hasan, Husayn, Ali, son of Husayn, Muhammad son of Ali, Jafar, son of Muhammad, Musa, son of Jafar, Ali son of Musa, Muhammad son of Ali, Ali, son of Muhammad, Hasan son of Ali, and *hujjat* (living argument), son of Hasan, (blessings of Allah be on them all) are *imams* (guides). O Allah, I am satisfied and happy that all of them are my *imams*, so let me be a source of happiness to them. Verily. You are able to do all things.

ii) DU-A ISTAGHFAR

اَسْتَغْفِرُ اللهَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ
 الْقَيُّومُ ذُو الْجَلَالِ وَالْإِكْرَامِ لِجَمِيعِ ظُلْمِي
 وَجُرْمِي وَإِسْرَافِي عَلَى نَفْسِي وَاتُّوبُ إِلَيْهِ

ASTAGHFIRULLAAHAL LAD'EE LAA
 ILAAHA ILLAA HUWAL H'AYYUL
 QAYYOOM D'UL JALAALI WAL
 IKRAAM LIJAMEE-I' Z'ULMEE WA
 JURMEE WA ISRAAFEE A'LAA NAFSEE
 WA ATOOBU ILAYHI

I seek pardon and protection from Allah who is "There is no god save He, the eternal and self-subsisting, the owner of glory and generosity" with reference to all my injustices, crimes and transgressions which I have committed; and I turn repentants unto Him.

iii) DU-A AL HARIQ

يَا اللَّهُ يَا رَحْمَنُ يَا رَحِيمُ يَا مُقَلِّبَ
 الْقُلُوبِ ثَبِّتْ قَلْبِي عَلَى دِينِكَ

YAA ALLAAH YAA RAH'MAAN YAA
 RAH'EEM YAA MUQALLIBAL QULOOB
 THABBIT QALBEE A'LAA DEENIKA
 [O Allah, O beneficent, O merciful, O the
 converter of hearts, keep my heart firmly and
 permanently attached with Your religion.]

(2) FOR ISTAGHFAR

[Forgiveness)

Remember, One of the factors that hinders our

prayers from being answered are our own sins, so why don't we begin by asking for forgiveness. The following are a few *du-as* that have been selected for this. Choose what you like:

i)

اللَّهُمَّ اغْفِرْ لِي مَا أَنْتَ أَعْلَمُ بِهِ مِنِّي فَإِنْ عُدْتُ
 فَعُدْ لِي بِالْمَغْفِرَةِ اللَّهُمَّ اغْفِرْ لِي مَا وَعَدْتَ
 مِن نَفْسِي وَلَمْ تَجِدْ لَهُ وِفَاءً عِنْدِي اللَّهُمَّ
 اغْفِرْ لِي رَمَزَاتِ الْأَعْظَامِ وَسَقَطَاتِ الْأُلْفَاظِ
 وَسَهْوَاتِ الْجَنَانِ وَهَفَوَاتِ اللِّسَانِ

ALLAAHUMMAGH-FIR LEE MAA
 ANTA A'-LAMU BIHEE MINNEE
 FA-IN U'DTU FA-U'D LEE
 BIL-MAGHFIRAH ALLAAHUMMAGH-
 FIR LEE MAA WA-A'DTU MIN
 NAFSEE WA LAM TAJID LAHOO
 WAFAA-AN I'NDEE ALLAAHUMMAGH-
 FIR LEE RAMAZAATIL ALH'AAZ'I
 WA SAQAT'AATIL ALFAAZ'I
 WA SAHAWAATIL JINAANI WA
 HAFWAATIL LISAANI

[O Allah, forgive my wrong-doings which you know inside and out, and if I do them again,

then forgive me again. O Allah, forgive me for not fulfilling those promises I made to myself but did not put them into effect. O Allah, forgive me the mysterious suggestions of the eyes, my bad language, forgetfulness, carelessness, and foolish utterances.]

ii) Recite *du-a* Hariq, refer page 10.

iii)

رَبِّ إِنِّي ظَلَمْتُ نَفْسِي فَاغْفِرْ لِي إِنَّهُ لَا يَغْفِرُ
الذُّنُوبَ إِلَّا أَنْتَ

RABBI INNEE Z'ALAMTU NAFSEE
FAGHFIRLEE INNAHOO LAA
YAGHFIRUD' D'UNOOBA ILLA ANTA
[O Lord, I have wronged myself. So forgive
me. Verily save You there is no one who can
protect from the consequences of sinning.]

iv)

أَسْتَغْفِرُ اللَّهَ الَّذِي لَا إِلَهَ إِلَّا هُوَ عَالِمُ الْغَيْبِ وَ
الشَّهَادَةِ الْعَزِيزُ الْحَكِيمُ الْغَفُورُ الرَّحِيمُ ذُو الْجَلَالِ
وَ الْإِكْرَامِ وَأَتُوبُ إِلَيْهِ

ASTAGHFIRUL-LAAHAL LAD'EE LAA
ILAAHA ILLAA HUWA A'ALIMUL
GHAYBI WASH SHAHADAATIL

A'ZEEZUL H'AKEEMUL GHAFOORUR
 RAH'EEM D'UL JALAALI WAL
 IKRAAMI WA ATOOBU ILAYHI

[I seek forgiveness of Allah who is: "There is no god save He, the knower of the unknown and the known, the mighty, the wise, the oft-forgiving, the merciful, the owner of glory and grace", and I turn repentant unto Him]

FOR PROTECTION

Having armed ourselves with strong faith and asked for forgiveness, we are now ready to comfortably beseech for our needs. However, in order to enjoy the blessings to it's fullest, we need to be under some sort of shield for protection. For that, we have the following *du-as*. The choices is yours.

Recite Ayat ul Kursi after every obligatory *salat* or whenever you are trapped by any trouble and fear. Allah will help you and drive away misfortunes and afflictions from you.

i) AYAT UL KURSI

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ لَا تَأْخُذُهُ
 سِنَةٌ وَلَا نَوْمٌ لَهُ مَا فِي السَّمَوَاتِ وَمَا
 فِي الْأَرْضِ مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا
 بِإِذْنِهِ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ

وَلَا يُحِيطُونَ بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا بِمَا شَاءَ
 وَسِعَ كُرْسِيُّهُ السَّمٰوٰتِ وَالْاَرْضَ وَلَا يَئُودُهُ
 حِفْظُهُمَا ۗ وَهُوَ الْعَلِيُّ الْعَظِيمُ ۗ لَا اِكْرَاهَ
 فِي الدِّيْنِ ۗ قَدْ تَبَيَّنَ الرُّشْدُ مِنَ الْغَيِّ ۗ
 فَمَنْ يَكْفُرْ بِالطَّاغُوْتِ وَيُؤْمِنْ بِاللّٰهِ فَقَدْ
 اسْتَمْسَكَ بِالْعُرْوَةِ الْوُثْقٰى ۗ لَا انْفِصَامَ لَهَا
 وَاللّٰهُ سَمِيْعٌ عَلِيْمٌ ۗ اللّٰهُ وَلِيُّ الَّذِيْنَ
 اٰمَنُوْا يُخْرِجُهُمْ مِنَ الظُّلُمٰتِ اِلَى النُّوْرِ
 وَالَّذِيْنَ كَفَرُوْا اَوْلِيَٰهُمْ الطَّاغُوْتُ ۗ
 يُخْرِجُوْنَهُمْ مِنَ النُّوْرِ اِلَى الظُّلُمٰتِ
 اَوْلٰىئِكَ اَصْحٰبُ النَّارِ ۗ هُمْ فِيْهَا خٰلِدُوْنَ ۗ

ALLAAHU LAA ILAAHA ILLAA
 HUW AL-H'AYYUL QAYOOM LAA
 TAA-KHUD'UHOO SINATUW WA LAA
 NAWM LAHOO MAA FISSAMAAWAATI
 WA MAA FIL ARZ'' MAN-D'ALLAD'EE
 YASHFA-U' I'NDAHOO ILLAA
 BI-ID'NIH YA'-LAMU MAA BAYNA
 AYDEEHIM WA MAA KHALFAHUM WA
 LAA YUH'EE-T'OONA BI-SHAY-IMMIN
 I'LMIHEE ILLAA BIMAA SHAA
 WASI-A'KURSIYYUHUS-SAMAAWAATI
 WAL-ARZ'' WA LAA YA-ODUHO

H'IFZ'UHUMAA WA HUWAL A'LIYYUL
 A'Z'EEM LAA IKRAAHA FID-DEENI
 QATTABAYYANAR-RUSHDU
 MINAL GHAYY FA-MAY-YAKFUR
 BIT'-T'AGHOOTI WA YOO-MIM-
 BILLAAHI FAQADIS-TAMSAKA
 BIL-U'RWATIL WUTHQAA LAN
 FIS'AAMA LAHAA WALLAAHU
 SAMEE-U'N A'LEEMALLAAHU
 WALIYYUL LAD'EENA AAMANOO
 YUKHRIJUHUM MINAZ' Z'ULUMAATI
 ILANNOOR WAL-LAD'EENA KAFAROO
 AWLIYAA-UHUMUT' T'AAGHOOTU
 YUKHRIJONAHUM MINAN-NOORI
 ILAZ' Z'ULUMAAT OOLAA-IKA
 AS'-H'AABUN NAAR HUM FEEHAA
 KHAALIDON

[Allah! There is no god save He, the ever-living, the self-subsisting. Slumber does not seize Him or does sleep. Unto Him belongs whatsoever is in the heavens and whatsoever is in the earth. Who is he that can intercede with Him save by His permission/ He knows what is in front of them and what is behind them while they cannot comprehend anything out of His knowledge save what He wills. His throne includes the heavens and the earth; the preservation of them does not tire Him. He is the most high, the greatest. There is no compulsion in the religion. Indeed truth has been made manifest from error; therefore he who rejects the rebels (false gods), and believes in Allah, has indeed taken hold of

the strongest handhold which will not break off and Allah is hearing, knowing. Allah is the guardian of those who believe; He brings them out of darkness into light; and those who disbelieve, the rebels are their guardians who take them out of light into darkness: they are the inmates of the (hell) fire, therein shall they abide.]

ii)

يَا حَيُّ يَا قَيُّوْمُ بِرَحْمَتِكَ اَسْتَغِيْثُ فَاغْنِنِيْ
وَلَا تَكِلْنِيْ اِلَى نَفْسِيْ طُرْفَةَ عَيْنٍ اَبَدًا
وَاصْلِحْ لِيْ شَأْنِيْ كُلَّهُ

YAA H'AYYU YAA QAYYOOM
BIRAH'MATIKAS-TAGHEETHU
FA-AGHITHNEE WA LAA TAKILNEE
ILAA NAFSEE T'URFATA A'YNIN
ABADAN WA AS'LIH' LEE SHAANEE
KULLAHOO

[Everliving, O self-subsisting, I beseech (You) in the name of Your mercy to help me. So help me and do not leave me to myself even for the flash of an eye (without You being with me), and look after properly all my affairs.]

Imam Ali ibn Husayn al Zayn al Abidin a.s. said: "It does not worry me, after reading this *du-a* even if the Jinns and human beings joining together to harm me."

iii) بِسْمِ اللّٰهِ وَبِاللّٰهِ وَمِنَ اللّٰهِ وَإِلَى اللّٰهِ وَفِي
 سَبِيلِ اللّٰهِ . اَللّٰهُمَّ اِنِّكَ اَسَلْتُ لَفْسِي
 وَآيَتِكَ وَجَهَّتْ وَجْهِي وَآيَتِكَ فَوَضَّتْ
 اَمْرِي فَاَحْفَظْنِي بِحِفْظِ الْاِيْمَانِ مِنْ
 بَيْنَ يَدَيَّ وَمِنْ خَلْفِي وَعَنْ يَمِينِي وَعَنْ
 شِمَالِي وَمِنْ فَوْقِي وَمِنْ تَحْتِي وَانْفَعْ عَنِّي
 بِحَوْلِكَ وَقُوَّتِكَ فَاِنَّهُ لَاحْوَلُ وَلَا قُوَّةَ اِلَّا

بِاللّٰهِ الْعَلِيِّ الْعَظِيمِ

BISMILLAAHI WA BILLAAHI WA
 MINALLAAHI WA ILALLAHI WA FEE
 SABEELILLAHAH ALLAAHUMMA
 ILAYKA ASLAMTU NAFSEE WA ILAYKA
 WAJJAHTU WAJHEE WA ILAYKA
 FAWWAZTU AMREE FAH'FAZ'NEE
 BIH'IFZ'IL IMAANI MIN BAYNA
 YADAYYA WA MIN KHALFI WA A'AN
 YAMINI WA A'AN SHIMALI WA MIN
 FAWQI WA MIN TAH'TEE WANFA'
 A'NNEE BIH'AWLIKA WA QUWWATIKA
 FA-INNAHOO LAH'AWLA WA LA
 QUWWATA ILLAA BILLAAHIL A'LIYYIL
 A'Z'EEM

In the name of Allah, the Beneficent, the
 Merciful. O Allah! Bless Muhammad and the
 children of Muhammad. In the name of Allah

and by the strength of Allah, from Allah, to Allah and in the way of Allah. O Allah! To You I have surrendered myself and to You I have directed my face and to You I have entrusted all my affairs. So protect me with the protection of faith from dangers, in front of me, behind me, from my right side, from my left side, from above me and from below me. Turn it away from me through Your Planning, and by Your Power, for, surely there is no strength or power except in Allah, the Most High, the Tremendous. iv)

يَا مَنْ لَا يَعْلَمُ الْغَيْبَ إِلَّا هُوَ يَا مَنْ لَا يُدْبِرُ
 الْأَمْرَ إِلَّا هُوَ يَا مَنْ لَا يُسْرِفُ السُّوءَ إِلَّا هُوَ يَا
 مَنْ لَا يُغْفِرُ الذُّنُوبَ إِلَّا هُوَ يَا مَنْ لَا يُحْيِي
 الْعِظَامَ الْمَوْتَى إِلَّا هُوَ هُوَ الْأَوَّلُ وَالْآخِرُ وَالظَّاهِرُ
 وَالْبَاطِنُ وَهُوَ بِكُلِّ شَيْءٍ عَلِيمٌ وَبِالْحَقِّ
 أَنْزَلْنَاهُ وَبِالْحَقِّ نَزَلَ وَمَا أَرْسَلْنَا إِلَّا
 مُبَشِّرًا وَنَذِيرًا بِحَقِّ كَمِيعَصٍ وَبِحَقِّ حَلَمٍ
 عَسَى كَامِلًا هَادِيًا يَا سِرًّا حَامِلًا صَادِقًا
 بِرَحْمَتِكَ يَا أَرْحَمَ الرَّاحِمِينَ

YAA MAN LAA YA'-LAMUL GHAYBA
 ILLAA HUWA YAA MAN LAA
 YUDABBIRUL AMRA ILLAA HUWA

YAA MAN LAA YUSRIFUS SOO-A ILLAA
 HUWA YAA MAN LAA YAGHFIRUD`
 D`UNOOBA ILLAA HUWA YAA MAN
 LAA YUH`YIL IZ`AAMAL MAWTA
 ILLAA HUWA HUWAL AWWALU WAL
 AAKHIRU WAZ` Z`AAHIRU WAL
 BAAT`INU WA HUWA BIKULLI SHAY-IN
 A`LEEM WA BILH`AQQI ANZALNAAHU
 WA BILH`AQQI NAZALA WA MAA
 ARSALNAAKA ILLAA
 MUBASHSSHIRAN WA NAD`EERAN
 BIH`AQQI "KAF-HA-YA-A`YN-S`AD" WA
 BIH`AQQI "H`A MIM" "A`YN SIN QAF"
 KAAMILAN HAADIYAN YAASIRAN
 H`AAMILAN S`AADIQAN
 BIRAH`MATIKA YAA ARH`AMAR
 RAAH`IMEEN

[He, save whom, no one knows the unknown.
 O He, save whom, no one administrates the
 rules, O He, save whom, no one removers the
 affliction. O He, save whom, no one pardons
 the sins. O He, save whom, no one gives life to
 the bones after death. He is the first, the ultimate,
 the manifest, the hidden; and He knows every
 thing. "We have sent it down with truth, and
 with truth it has come down. We did not send
 you (O Muhammad) except as a giver of glad
 tidings and as a warner." (O Allah protect me)
 for the sake of "Kaf-Ha-Ya-A`yn-S`ad" and for
 the sake of "H`a-Mim" "A`yn-Sin-Qaf",
 perfectly, rightly, gently, profitably and truthfully,
 through Your mercy, O the most-merciful.]

TO GET SUCCESS,
GAIN RESPECT AND
REMOVE FEAR
OF FACING PEOPLE

اللَّهُمَّ مَلِكَ الْمُلْكِ تَوْتِي الْمُلْكِ
مَنْ تَشَاءُ وَتَنْزِعُ الْمُلْكَ مِمَّنْ
تَشَاءُ وَتُعِزُّ مَنْ تَشَاءُ وَتُذِلُّ
مَنْ تَشَاءُ بِيَدِكَ الْخَيْرُ
إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

تُوَلِّجُ اللَّيْلَ فِي النَّهَارِ وَتُوَلِّجُ
النَّهَارَ فِي اللَّيْلِ وَتُخْرِجُ الْحَيَّ مِنَ
الْمَيِّتِ وَتُخْرِجُ الْمَيِّتَ مِنَ الْحَيِّ
وَ تَرْزُقُ مَنْ تَشَاءُ بِغَيْرِ حِسَابٍ

ALLAAHUMMA MAALIKAL MULKI
TOO-TIL MULKA MAN TASHAAA-U WA
TANZI-U'L MULKA MIMMAN
TASHAAA WA TU-I'ZZU MAN
TASHAAA-U WA TUD'ILLU MAN
TASHAAA BIYADIKAL KHAYR
INNAKA A'LAA KULLI SHAY-IN
QADEER TOOLIJUL LAYLA FIN
NAHAARI WA TOOLIJUN NAHAARA
FIL LAYL WA TUKHRIJUL H'AYYA

MINAL MAYYITI WA TUKHRIJUL
 MAYYIT MINAL H'AYY WA TARZUQU
 MAN TASHAAA-U BIGHAYRI H'ISAAB
 [O Allah, master of the kingdom, You give
 kingdom to whomsoever You like and
 take away the kingdom from whomsoever
 You like. You exalt whomsoever You like
 and abases whomsoever You like; in Your
 hand is the good; verily You have power
 over all things. You cause the night to pass
 into the day, and You cause the day to pass
 into the night; You bring forth the living
 from the dead, and You bring forth dead
 from the living, and You give sustenance
 to whom You like, without measure.]

(ALI IMARAN : 26 AND 27)

TO GAIN KNOWLEDGE

One of the key aspects in any one's life is the acquiring of knowledge. Everyone has an aspiration of gaining maximum knowledge in order to become successful individuals. Our Imams who were the fountainhead of knowledge, have shown us numerous *du-as*, out of which some are:

- i) رَبِّ زِدْنِي عِلْمًا وَعَمَلًا وَالْحَقِّينِي
 بِالصَّالِحِينَ

RABBI ZIDNEE I'LMAW WA AMALAN
WALH'IQNEE BIS' S'ALIH'EEN

[O Lord! Increase me in knowledge and (good) deed and join me with the righteous.]

ii)

سُبْحَانَ مَنْ لَا يَعْتَدِي عَلَىٰ أَهْلِ مَمْلَكَتِهِ
سُبْحَانَ مَنْ لَا يَأْخُذُ أَهْلَ الْأَرْضِ بِأُتُونِ
الْعَذَابِ سُبْحَانَ الرَّءُوفِ الرَّحِيمِ اللَّهُمَّ
اجْعَلْ لِي فِي قَلْبِي نُورًا وَبَصْرًا وَفَهْمًا وَ
عِلْمًا إِنَّكَ عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ

SUBH'AANA MAN LAA YA'-TADEE
A'LAA AHLI MAMLAKATIHEE
SUBH'AANA MAN LAA YAAKHU'D'U
AHLAL ARZ'I BI-ALWAANIL A'D'AABI
SUBH'AANAR RA-OOFIR RAH'EEMI
ALLAAHUMMAJ-A'L LEE FEE QALBEE
NOORAN WA BAS'ARAN WA FAHMAN
WA I'LMAN INNAKA A'LAA KULLI
SHAY-IN QADEER

[Glory be to He who does not treat unjustly those who are His subjects; glory be to He who does not chastise the people of the earth with punishment; glory be to He who is kind and compassionate. O Allah let there be light, insight, wisdom and knowledge in my mind, verily You are powerful over all things.]

To increase knowledge, recite Nadi Ali 17 times after zuhar *salat* for 20 days.

iii) NADE ALI

نَادِ عَلِيًّا مَطْهَرَ الْعَجَائِبِ
تَجِدُهُ عَوْنًا لَكَ فِي النَّوَائِبِ
كُلَّ هَمٍّ وَ غَمٍّ سَيَنْجِلِي بِعَظَمَتِكَ
يَا اللَّهُ بِنُبُوَّتِكَ يَا مُحَمَّدًا وَبِوِلَايَتِكَ
يَا عَلِيُّ يَا عَلِيُّ يَا عَلِيُّ

NAADI A'LIYYAN MAZ'HARAL
A'JAA-IB TAJIDHU A'WNAL LAKA
FIN NAWAA-IB KULLU HAMMIN
WA GHAMMIN SAYYANJALEE
BI A'Z'AMATIKA YA ALLAH
BI NABAWATIKA YAA MUH'AMMAD
BI WILAYATIKA YAA A'LIYY
YAA A'LIYY YAA A'LIYY

[Call on Ali, (He) is able to bring about the extraordinary. You will find him an effective supporter in all calamities. (All) worries and sorrows will soon disappear through Your Greatness, O Allah, through your prophethood, O Muhammad, through your authority, O Ali! O Ali! O Ali!]

TO INCREASE MEMORY

Now that you have sought knowledge, don't you think it is essential to have the gift of good memory so that you may retain this knowledge you've worked so hard to acquire? Some of the *du-as* that have been picked for this purpose are:

1. Recite Ayatul Kursi. (Refer page..13.)
2. Recitation and memorizing of Surah A'ala has the excellent benefit of helping and develop the photographic memory.
3. This Surah can be recited in the 1st *rak-at* of Fajar *salat* for sharp memory.

SURAH AL A'ALA

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
 سَبِّحْ اسْمَ رَبِّكَ الْأَعْلَى
 الَّذِي خَلَقَ فَسَوَّى
 وَالَّذِي قَدَّرَ فَهَدَى
 وَالَّذِي أَخْرَجَ الْمَرْعَى
 فَجَعَلَهُ غُثَاءً أَحْوَى
 سَنُقَرِّبُكَ فَلَا تَنْسَى
 إِلَّا مَا شَاءَ اللَّهُ إِنَّهُ يَعْلَمُ الْجَهْرَ وَمَا يَخْفَى

وَنَيْتُرِكَ لِلْيُسْرَةِ ۝
 فَذَكِّرْ إِنْ نَفَعَتِ الذِّكْرَةُ ۝
 سَيِّدًا كَرِيمًا يَخْشَى ۝
 وَ يَتَجَدَّبُهَا الْأَشْقَى ۝
 الَّذِي يَصَلَّى النَّكَرَ الْكَبِيرَةَ ۝
 ثُمَّ لَا يَمُوتُ فِيهَا وَلَا يَحْيَى ۝
 قَدْ أَفْلَحَ مَنْ تَزَكَّى ۝
 وَ ذَكَرَ اسْمَ رَبِّهِ فَصَلَّى ۝
 بَلْ تُؤَثِّرُونَ الْحَيَاةَ الدُّنْيَا ۝
 وَالْآخِرَةَ خَيْرًا وَأَبْغَى ۝
 إِنَّ هَذَا لَفِي الضُّعْفِ الْأُولَى ۝
 ضَعْفِ إِبْرَاهِيمَ وَمُوسَى ۝

BISMILLAHIR
 RAH'MAANIR RAH'EEM

SABBIIH'ISMA RABBIKAL A'-LAA
 ALLAD'EE KHALAQA FASAWWAA
 WAL LAD'EE QADDARA FAHADAA
 WAL LAD'EE AKHRAJAL MAR-A'A
 FAJA-A'LAHOO GHUTHAA-AN AH'WAA
 SANUQRI-UKA FALAA TANSAA

ILLAA MASHAA-ALLAAH
 INNAHOO YA'-LAMUL JAHRA WA MAA
 YAKHFAA
 WA NUYASSIRUKA LIL-YUSRAA
 FAD'AKKIR IN NAFA-A'TIL D'IKRAA
 SAYAD'D'AKKARU MAY YAKHSHAA
 WA YATAJANNABUHAL ASHQAA
 ALLAD'EE YAS'LAN NAARAL KUBRAA
 THUMMA LAA YAMOOTU FEEHAA WA
 LAA YAH'YAA
 QAD AFLAH'A MAN TAZAKKAA
 WA D'AKARASMA RABBIHEE
 FAS'ALLAA
 BAL TOO-THIROONAL H'AYAATAD
 DUNYAA
 WAL AAKHIRATU KHAYRUW WA
 ABQAA
 INNA HAAD'AA LAFIS' S'UH'UFIL
 OOLAA
 S'UH'UFI IBRAAHEEMA WA MOOSAA

In the name of Allah,
 the Beneficent, the Merciful.

Glorify the name of your Lord, most high,
 Who creates and gives shape and form;
 Who ordains (laws) and provides guidance;
 Who brings forth the pastures
 Then reduces it to swarthy stubble.
 We make you read so that you should not forget
 Save what Allah wills. Verily He knows the
 manifest (made public) and knows what is

hidden. We shall make easy (your tasks) to you the easy (way), So keep on reminding, for reminding surely does good to mankind). He who fears (Allah) will be warned, And the reprobate will turn away, Who shall enter the great fire, In which he will neither die nor live. Indeed he (alone) succeeds who purifies himself, And remembers the name of his Lord and (regularly) prays. But you prefer the life of this world, Though the (life of) hereafter is better and abiding. Verily, this is in the earlier scriptures. The scriptures of Ibrahim and Musa.]

Before learning and memorizing any thing, recite the following portion of the *du-a*

iii)

اللَّهُمَّ اِنْفَعْنِي بِمَا عَلَّمْتَنِي وَعَلِّمْنِي مَا يَنْفَعُنِي
 اللَّهُمَّ ارِنِي اَسْأَلُكَ فَهَمَّ السَّبِيْنِ وَحِفْظَ
 الْمُرْسَلِيْنَ الْمُقْرَبِيْنَ
 اللَّهُمَّ اجْعَلْ لِسَانِي اَمْرًا بِذِكْرِكَ وَقَلْبِي
 بِخَشِيَّتِكَ اِنَّكَ عَلِيٌّ مَا تَشَاءُ قَدِيْرٌ وَاَنْتَ
 حَسْبُنَا اللهُ وَنِعْمَ الْوَكِيْلُ

ALLAAHUMMA INFA'NEE BIMAA
A'LAMMTANEE WA A'LLAMNEE
MAA YANFA'NEE ALLAAHUMMA
INNEE AS-ALUKA FAHMAN NABI-
EENA WA H'IFZ'AL MURSALEENAL
MUQARRABEENA

ALLAAHUMMAJ-A'L LASAANEE
AAMIRAN BI-D'IKRIKA WA QALBEE BI-
KHASHYATIKA INNAKA A'LAA MAA
TASHAA-A QADDIRAW WA ANTA
H'ASBUNALLAAHU WA NI-MAL
WAKEEL

O Allah! Make useful for me what you have taught me and teach me knowledge that will be useful for me. O Allah! I ask You for the understanding of the Prophets and those nearest to You."

Allah! Make my tongue full of your remembrance and my heart with consciousness of You. (O Allah!) You do whatever You wish, and You are my Availer and Protector and the best of aid."

After completing the study or learning recite the remaining portion of the *du-a-*:

اللَّهُمَّ إِنِّي أَسْتَوِدُّكَ مَا قَرَّعْتُ وَمَا
حَفِظْتُ فَرِّدْهُ عَلَيَّ عِنْدَ حَاجَتِي إِلَيْهِ

إِنِّكَ عَلَىٰ مَا تَشَاءُ قَدِيرٌ وَأَنْتَ
حَسْبِيَ اللَّهُ وَنِعْمَ الْوَكِيلَ

ALLAAHUMMA INNEE ASTAAWDI'-
UKA MAA QARA'-TU WA MAA
H'AFAZ'TU FARADAHU A'LAAYA
I'NDA H'AJATEE ILAYHI
INNAKA A'LAA MAA TASHAA-U
QADDIRAN WA ANTA H'ASBIYALLAHU
WA NI-MAL WAKEEL

[O Allah! I entrust You with what I have read
and I have studied. O Allah! Bring it back to
me when I am in need of it. You are my Availer
and Protector and the best of aid.]

(Tips:) Holy Prophet (s.a.) said: "To increase
memory and wisdom eat Pumpkin."

A glass of milk with a little honey drink with the
intention of increasing your memory has proven
very successful.

A table spoon of honey with little Zafran is also
very good for memory.

FIGHT AGAINST THE PROMPTING OF THE DEVIL

We are all aware of the evils of this worldly life

which are made to appear so tempting by our ever so loyal 'unwanted friend'. Let us be a step ahead by equipping ourselves against him with any or all of the following:

i)

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

A-O'OD'U BILLAAHI MINASH
SHAYTAANIR RAJEEM

[I take refuge with Allah, for
the accursed Shaytan.]

ii) Recite Surah al Kafiroon, Surah al Falaq and Surah an Naas oftenly:

SURAH AL KAAFIROON

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
قُلْ يَا أَيُّهَا الْكَافِرُونَ ۝
لَا أَعْبُدُ مَا تَعْبُدُونَ ۝
وَلَا أَنْتُمْ عِبُدُونَ مَا أَعْبُدُ ۝
وَلَا أَنَا عَابِدٌ مَّا عَبَدْتُمْ ۝
وَلَا أَنْتُمْ عَابِدُونَ مَا أَعْبُدُ ۝
لَكُمْ دِينُكُمْ وَلِيَ دِينِ ۝

BISMILLAAHIR
RAH'MAANIR RAH'EEM

QUL YAA AYYUHAL KAAFIROON LAA
A'-BUDU MAA TA'-BUDOON WA LAA
ANTUM A'ABIDOONA MAA A'-BUD WA
LAA A-NAA A'ABIDUM MAA A'BATTUM
WA LAA ANTUM A'ABIDOONA MAA
A'-BUD LAKUM DEENUKUM WA LIYA
DEEN

In the name of Allah,
the Beneficent, the Merciful.

Say (O Muhammad): "O you who disbelieve I do not worship what you worship, Nor do you worship who I worship, Nor shall I worship what you worship, Nor will you worship who I worship, To you your religion, to me my religion.

SURAH AL FALAQ

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

قُلْ اَعُوْذُ بِرَبِّ الْفَلَقِ ۝

مِنْ شَرِّ مَا خَلَقَ ۝

وَمِنْ شَرِّ عَاسِقٍ اِذَا وَقَبَ ۝

وَمِنْ شَرِّ النَّفّٰثٰتِ فِي الْعُقَدِ ۝

وَمِنْ شَرِّ حَاسِدٍ اِذَا حَسَدَ ۝

BISMILAAHIR
RAH'MAANIR RAH'EEM

QUL A-O'OD'U BI-RABBIL FALAQ
MIN SHARRI MAA KHALAQ
WA MINSHARRI GHAASIQIN ID'AA
WAQABWA MIN SHARRIN
NAFFATHAATI FIL U'QAD
WA MINSHARRI H'AASIDIN ID AA
H'ASAD

In the name of Allah,
the Beneficent, the Merciful.

Say: "I seek refuge with the Lord of the dawn.
From the evil of what He has created,
From the evil of darkness when it overspreads,
From the evil of malignant witchcraft,
And from the evil of the envier when he envies.

SURAH AN NAAS

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

قُلْ اَعُوْذُ بِرَبِّ النَّاسِ ۝

مَلِكِ النَّاسِ ۝

اِلٰهِ النَّاسِ ۝

مِنْ شَرِّ الْوَسْوَاسِ الْخَفِيّٰسِ ۝

الَّذِيْنَ يُّوسْوِسُ فِىْ صُدُوْرِ النَّاسِ ۝

مِنْ الْجِنَّةِ وَالنَّاسِ ۝

BISMILAAHIR
 RAH'MAANIR RAH'EEM

In the name of Allah,
 the Beneficent, the Merciful.

QUL A-O'OD'U BI-RABBIN NAAS
 MALIKIN NAAS ILAAHIN NAAS MIN
 SHARRIL WASWAASIL KHANNAAS
 ALLAD'EE YUWASWISU FEE
 S'UDOORIN NAAS MINAL JINNATI WAN
 NAAS

In the name of Allah,
 the Beneficent, the Merciful.

Say: "I seek refuge with the Lord
 of mankind, The king of mankind, The
 god of mankind, From the evil of the
 slinking whisperer, Who whispers
 into the breasts (hearts) of the people.
 (Be he) from among the jinn (or) human
 beings.

iii) لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

LA HAWLA WA LA QUWATA ILLA
 BILLAAHIL A'LIYYIL A'AZ'EEM

There is no power nor strength save with Allah,
 the supreme Almighty.

GENERAL HAJJAT

Each individual has his/her own personal desires. Allah (s.w.t.) has promised to fulfill all our legitimate desires. If sometimes our wishes are not granted, we must understand that there is some good in it even though it may not be apparent immediately.

It is said by the Masumin a.s. that after *salat* and before beceeching Allah recite the following four *ayats* for fulfillment of your *hajats* (desires).

a) وَأَفْوِضْ أَمْرِي إِلَى اللَّهِ إِنَّ اللَّهَ بَصِيرٌ بِالْعِبَادِ

WA UFAWWIZ''U AMREE ILALLAAH
INNALLAAHA BAS'EERUM BIL-I'BAAD
[I entrust my affair to Allah; verily Allah keeps
an eye (His) servants.]

b) لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ
مِنَ الظَّالِمِينَ فَاسْتَجِبْنَا لَهُ وَنَجِّنَاهُ مِنَ الْغَمِّ
وَكَذَلِكَ نُشَجِّي الْمُؤْمِنِينَ

LAA ILAAHA ILLAA ANTA
SUBH'AANAKA INNEE KUNTU

MINAZ' Z'AALIMEEN
 FASTAJABNAA LAHOO WA
 NAJJAYNAAHU MINAL GHAM WA
 KAD'AALIKA NUNJIL MOO-MINEEN

[There is no god but You, glory be to You, Verily I was of the unjust. Then We responded to him (Prophet Yunus), and deliver him from grief thus We deliver the believers.]

c) حَسْبِيَ اللَّهُ وَنِعْمَ الْوَكِيلُ

H'ASBIYALLAAHU WA NI'-MAL
 WAKEEL

[Sufficient for me is Allah, and
 (He is) the most excellent protector.]

d)

مَا شَاءَ اللَّهُ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

MASHAAA-A'LLAAHU WA LAH'AWLA
 WA LAA QUWWATA ILLAA BILLAAHI
 [(As) Allah may will, there is no power but with
 Allah.]

Recite Nadi Ali 3 times. Refer page 23.

REWARD

Allah (s.w.t.) is he who loves us 70 times more than our own mothers and in His utmost generosity, is ever ready to bestow His blessings and reward us greatly for the smallest good deed

we perform. If only we come forward to accept them.

According to Imam Jafar al Sadiq a.s., Ibn Babawayh and Muhammad Kulayni say, whoever recite the following *du-a* 10 times every day receives a reward equal to the recompense of 45000 good deeds; moreover 45000 evil deeds from his record of deeds will be deleted and his rank in the life of the hereafter will be raised by 45000 degrees. This *du-a* also serves as an impregnable fortress against the evil designs of the men in power. It also gives strength and assurance of faith to do good and avoid evil.

It is also said that the rewards of reciting this *du-a* is equal to the recompense of reciting the whole Quran 12 times.

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا
شَرِيكَ لَهُ إِلَهًا وَاحِدًا أَحَدًا فَرْدًا
صَمَدًا لَمْ يَتَّخِذْ صَاحِبَةً وَلَا وَلَدًا

ASH-HADU AN LAA ILAAHA
ILLALLAAHU WAH'DAHOO LAA
SHAREEKA LAHOO ILAAHAN
WAAH'IDAN AH'ADAN FARDAN
S'AMADAN LAM YATTAKHID
S'AAH'IBATAW WA LAA WALADAA

I bear witness that there is no god save Allah, the single who has no associate, the one and only, the eternally besought, who neither has taken a wife nor a son.

COMPREHENSIVE DU-A

The power of *Du-a* is such that with one single *du-a* you can accomplish your needs in a complete package.

This *du-a* can be recited as a *qunut* in *salat*.

إِلَهِي بِأَخْصِ صِفَاتِكَ وَبِعِزِّ جَلَالِكَ وَبِعِظَمَةِ
 أَسْمَائِكَ وَبِعِصْمَةِ أَنْبِيَائِكَ وَبِنُورِ أَوْلِيَائِكَ
 وَبِيَدَمِ شَهَدَائِكَ وَبِمِدَادِ عُلَمَائِكَ وَبِدُعَا
 صُلَحَائِكَ وَبِمُنَاجَاةِ فُقَرَائِكَ نَسُوكَ زِيَادَةً
 فِي الْعِلْمِ وَصِحَّةٍ فِي الْجِسْمِ وَطُولًا فِي الْعُمُرِ فِي
 طَاعَتِكَ وَسَعَةً فِي الرِّزْقِ وَتَوْبَةً قَبْلَ الْمَوْتِ
 وَسَرَاةً عِنْدَ الْمَوْتِ وَمَغْفِرَةً بَعْدَ الْمَوْتِ وَ
 نُورًا فِي الْقَبْرِ وَنَجَاةً مِنَ النَّارِ وَدُخُولًا فِي الْجَنَّةِ
 وَعَافِيَةً مِنْ كُلِّ بَلَاءِ الدُّنْيَا وَعَذَابِ الْآخِرَةِ
 بِحَقِّ مُحَمَّدٍ وَأَهْلِ بَيْتِهِ الطَّيِّبِينَ الطَّاهِرِينَ
 الْمُعْصُومِينَ

ILAAHEE BI-AKHAS'S'I S'IFAATIKA WA
 BI-I'ZZI JALAALIKA WA BI-A'Z'AMATI
 ASMAA-IKA WA BI-I'S'MATI ANBIYAA-
 IKA WA BI-NOORI AWLIYAA-IKA WA
 BI-DAMI SHUHADAA-IKA WA
 BI-MIDAADI U'LAMAA-IKA WA
 BI-DU-A'A-I S'ULAH'AA-IKA WA
 BI-MUNAJAATI FUQARAA-IKA
 NAS-ALUKA ZIYAADATAN FIL I'LMI
 WA S'IH'H'ATAN FIL JISMI WA T'OOLAN
 FIL U'MRI FI T'AA-A'TIKA WASA-A'TAN
 FIR RIZQI WA TAWBATAN QABLAL
 MAWTI WA RAAH'ATAN I'NDAL
 MAWTI WA MAGHFIRATAN BA'-DAL
 MAWTI WA NOORAN FIL QABRI
 WA NAJAATAN MINAN NAARI WA
 DUKHOOLAN FIL JANNATI WA
 A'AFIYATAN MIN KULLI BALAA-ID
 DUNYAA WA A'D'AABIL AAKHIRATI
 BI-H'AQQI MUH'AMMADIN WA
 AHLI BAYTIT' T'AYYIBEEENAT'
 T'AAHIREENAL MA'-S'OOMEEN

[O Allah, in the name of Your most special in
 the name of the dignity of Your exalted majesty,
 in the name of the greatness of Your names, in
 the name of the purity of Your prophets, in the
 name of the light of Your chosen
 representatives, in the name of the blood shed
 by the martyrs in Your cause, in the name of
 the ink used by the scholars of Your purpose
 and plan, in the name of the prayers of the
 righteous and in the name of the invocations

made by Your servants living in resignation and asceticism, we beseech You for continuous addition in knowledge, freedom from sickness in the body, long duration of life spent in Your obedience abundance in the means of livelihood, divine guidance to turn repentant unto You, before death, freedom from pain at the time of death, protection after death, freedom from pain at the time of death, protection after death, light in the grave, escape from the hell, entry into the paradise and safety from all the evils of the world and from the chastisement in the hereafter, in the name and for the sake of Muhammad and his pure, purified and infallible progeny.]

DU-A'A

A'Z'UMAL BALAA (FARAJ)

In case you are in trouble or see calamities and find no way to come out, call the Living Imam (al Mahdi a.s.) for immediate help.

إِلٰهِهِ عَظَمَ ابْتِلَاءُ وَيَرْحَ الْخَفَاءُ
 وَانْكَشَفَ الْغَطَاءُ وَانْقَطَعَ الرَّجَاءُ
 وَضَاقَتِ الْأَرْضُ وَمُنِعَتِ السَّمَاءُ
 وَأَنْتَ الْمُسْتَعَانُ وَإِلَيْكَ الْمُشْتَكَى

وَعَلَيْكَ الْمُعْوَلُ فِي الشِّدَّةِ وَالرَّخَاءِ
 اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ
 أُولِي الْأَمْرِ الَّذِينَ فَرَضْتَ عَلَيْنَا
 طَاعَتَهُمْ وَعَرَّفْتَنَا بِذَلِكَ مَنْزِلَتَهُمْ
 فَفَرِّجْ عَنَّا بِحَقِّهِمْ فَرَجًا عَاجِلًا
 قَرِيبًا كَلِمَحِ الْبَصْرِ أَوْ هُوَ أَقْرَبُ
 يَا مُحَمَّدُ يَا عَلِيُّ يَا عَلِيُّ يَا مُحَمَّدُ
 إِكْفِيَانِي فَإِنَّكُمَا كَافِيَانِ وَأَنْصُرَانِي
 فَإِنَّكُمَا نَاصِرَانِ يَا مَوْلَانَا يَا صَاحِبَ
 الزَّمَانِ الْغَوْثَ الْغَوْثَ الْغَوْثَ الْغَوْثَ
 أَذْرِكْنِي أَذْرِكْنِي أَذْرِكْنِي السَّاعَةَ
 السَّاعَةَ السَّاعَةَ الْعَجَلُ الْعَجَلُ الْعَجَلُ
 يَا أَرْحَمَ الرَّاحِمِينَ بِحَقِّ مُحَمَّدٍ وَآلِهِ الطَّاهِرِينَ

ILAAHEE A'Z'UMAL BALAA-U WA
 BARIH'AL KHIFAA-U WAN-KASHAFAL
 GHIT'AA-U WAN-QAT'A-A'R RAJAA-U
 WA Z'AAQATIL ARZ'U WA MUNI-A'TIS
 SAMAA-U WA ANTAL MUST-A'ANU
 WA ILAYKAL MUSHTAKA WA ILAYKAL
 MU-A'WWLU FISH SHIDDATI WAR
 RAKHAA-I ALLAAHUMMA
 S'ALLI A'LAA MUH'AMMADIN WA
 AALI MUH'AMMAD OOLIL AMRIL
 LAD'EENA FARAZ'TA A'LAYNAA
 T'AA-A'TAHUM WA A'RRAFTANAA
 BID'AALIKA MANZILATAHUM
 FAFARRIJ A'NNA BI HAQQI FARAJAN
 A'AJILAN QAREEBAN KALAMH'IL
 BAS'ARI AW HUWA AQRABU YAA
 MUH'AMMAD YAA A'LIYY YAA A'LIYY
 YAA MUH'AMMAD IK-FIYAANEE
 FA-INNAKUMAA KAAFIYAANI
 WAN-S'URAANEE FA-INNAKUMAA
 NAAS'IRAANI YAA MAWLAANAA
 YAA S'AAH'IBAZ ZAMAANAL
 GHAWTHAL GHAWTHAL GHAWTH
 ADRIKNEE ADRIKNEE ADRIKNI AS
 SAA-A'TAS SAA-A'TAS SAA-A'AL
 A'JAL AL A'JAL AL A'JAL YAA
 ARH'AMAR RAAH'IMEEN BIH'AQQI
 MUH'AMAMDIN WA AALIHIT'
 T'AAHIREEN

[(My) Allah, irretrievable is our plight, our
 helplessness causes pain and trouble, (now our)
 urgency has been laid bare (before You). The

(plentiful) earth has shrunk (with very little to spare) for us, the heavenly blessings have been withheld, (My) Lord, we refer our grief and sorrow to You. We have full faith in You, in the time of distress, as well as in good fortune. (My) Allah send blessings on Muhammad and on his children, whom we must obey as per Your command, through which we become aware of their rank and status, and let there be joy after sorrow for us, for their sake, right away, in the twinkle of an eye, more rapidly than that. O Muhammad, O Ali, O Ali, O Muhammad, help me, because both of you help and protect. Give me enough, because both of you provide sufficiently. O Master, O Living Imam, I (repeatedly) cry for help. Come to my help. Come to my help. Come to my help. At once in this hour. Be quick, be quick, be quick, O the Most Merciful, for the sake of Muhammad and his pure children.

MISCELLENOUS DU-AS

To get the rid of panic i.e. desperately looking for the library card, test paper etc? Don't be panic, call upon Allah s.w.t. by reciting *al Jaami'u* (The Gatherer) 114 times. Recite *al raqeeb* (The Guardian) as many times as possible.

When some one has to read out the verses of the Holy Quran or deliver a speech in assembly

or take part in a debate in front of a gathering he/she should recite the following *du-a* to avoid nervousness.

i) رَبِّ اشْرَحْ لِي صَدْرِي وَيَسِّرْ لِي أَمْرِي
وَاحْلُلْ عُقْدَةً مِنْ لِسَانِي يَفْقَهُوا قَوْلِي

RABBI SHARAH' LEE S'ADREE WA
YASSIR LEE AMREE WAH'-LUL
U'QDATAM MIL LISAANEE YAFQAHOO
QAWLEE

[Lord, expand for me my breast, make my task easy for me. loose the knot of my tongue, that they may understand my speech.]

Two entire questions yet to be answered in your exam and time is running out?

Don't despair, the following *Du-a* will increase the (*barkat*) in your time (so memorising as there won't be time to look for the book!)

يَا عَجِيبُ فَلَا تَنْطَوُّ إِلَّا نَسْنُ بِكُلِّ
آلَائِهِ وَثَنَائِهِ

YAA A'AJEEBU FALAA TANT'IQUL
ANAASUNU BIKULLI AALAA-IHI
WA THANAA-IHI

[O Wonderful! So the tongues do not speak on talk to all His (Allah's). Blessings/Benefits and His Praise.]

DU-A FOR ANY ILLNESS OR PAIN

Hurt yourself playing sports or not feeling too good? Read the following *du-a* for any illness or pain:

إِلٰهِي كَلَّمَا أَنْعَمْتَ عَلَيَّ نِعْمَةً قَلَّ لَكَ عِنْدَهَا
شُكْرِي وَكَلَّمَا ابْتَلَيْتَنِي بِبَلِيَّةٍ قَلَّ لَكَ عِنْدَهَا
صَبْرِي فَيَا مَنْ قَلَّ شُكْرِي عِنْدَ نِعْمَتِهِ فَلَمْ
يَجْرِمْنِي وَيَا مَنْ قَلَّ صَبْرِي عِنْدَ بَلَائِهِ فَلَمْ
يُخْذِلْنِي وَيَا مَنْ تَرَانِي عَلَى الْخَطَايَا فَلَمْ يُفْضَحْنِي
وَيَا مَنْ رَانِي عَلَى الْمَعَاصِي فَلَمْ يُعَاقِبْنِي عَلَيْهَا
صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ وَاعْفِرْ لِي ذُنُوبِي
وَاشْفِنِي مِنْ مَرَضِي إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

ILAAHEE KULLAMAA AN-A'MTA
A'LAYYA NI-A'MATAN QALLA LAKA
I'NDAHAA SHUKREE WA KULLAMAB
TA'LAYTANEE BIBALIYYATIN QALLA
LAKA I'NDAHAA S'ABREE FAYAA
MAN QALLA SHUKREE I'NDA
NIA'MATIN FALAM YAH'RIMNEE
WA YAA MAN QALLA S'ABREE
I'NDA BALIYYATIN FALAM

YAKHZ'ULNEE WA YAA MAN
 RA-AANEE A'LAL MAA'AS'EE
 FALAM YAFZ'AH'NEE WA YAA
 MAN RAAANEE A'LAL KHAT'
 AAYAA FALAM YA'QIBNEE A'LAYHAA
 S'ALLI A'LAA MUH'AMMADIW
 WA AALI MUH'AMMADIN
 WAGHFIRLEE D'ANBE WASHFINEE
 MIN MARAZ'EE INNAKA A'LAA
 KULLI SHAY-IN QADEER

[O my God; when You gave me any bounty, I did not thank You as I should have whenever You tested me with a trial I did not manage it with patience I should have. O He who did not deprive me of (favours) inspite of my too little thanks. O He who did not withhold assistance inspite of very deficient self-control. O He who saw my shortcomings yet did not disgrace me; O He Who saw my shortcoming yet did not punish me; send blessings on Muhammad and on the children of Muhammad, forgive my sins, cure my diseases; verily, You have power over all things.]

NIGHT DU-AS

You've spent a busy day doing various things. It's time to wind up, but first how about going for *hajj*, reciting the whole Quran, seeking forgiveness for all departed souls and send blessings on the infallibles? Sounds impossible but not quite so. All you have to do is simply when you go to bed recite the following respectively.

1. Recite *tasbehat-e arba* four times:

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَ
لَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ

SUBHANALLAHI, WALHAMDULILLAHI,
WA LA ILAHA ILLALLAHU WALLAHU
AKBAR

[Glory be to Allah. Praise be to Allah. There
is no god except Allah. Allah is the Greatest.]

2. Recite Sura al Ikhlas, 3 times.

3. Recite:

اللَّهُمَّ اغْفِرْ لِلْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ وَ
الْمُسْلِمِينَ وَالْمُسْلِمَاتِ

ALLAAHUMMAGHFIR

LIL-MOUMININA WAL-MOUMINAATI
WAL MUSLIMEENA WAL MUSLIMAAT
[O Allah, forgive all believing men and believing
women, and all *muslim* men and *Muslim*
women.]

4. Recite *salawat*.

5. To avoid dirty dreams recite (14 times)
YAA MUTAKABBIRU [The Sublime]

6. Recite Ayat ul Kursi.

7. Recite Tasbih Sayyida Fatima Zehra (s.a.).

THANKING ALLAH

Having the permission to supplicate to the one who has promised to listen our prayers, is itself a blessing. Hence it is our duty to thank Him for everything. Prophet Sulayman shows us one way of expressing our gratitude.

i)

رَبِّ أَوْزِعْنِي أَنْ أَشْكُرَ نِعْمَتَكَ الَّتِي
 أَنْعَمْتَ عَلَيَّ وَعَلَىٰ وَالِدَيَّ وَأَنْ
 أَعْمَلَ صَالِحًا تَرْضَاهُ وَأَدْخِلْنِي
 بِرَحْمَتِكَ فِي عِبَادِكَ الصَّالِحِينَ

RABBI AWZI'-NEEE AN ASHKURA
 NI'-MATAKAL LATEE AN-A'MTA
 A'LAYYA WA A'LAA WAALIDAYYA WA
 AN A'-MALA S'AALIHAN-TARZ''AAHU
 WA ADKHILNEE BI-RAH'MATIKA FEE
 I'BAADIKAS' S'AALIH'EEN

Lord, arouse me to be thankful of Your bounty which You have bestowed on me and my parents, and to do good that shall please You, and admit me by Your mercy, among Your righteous servants.

ii)

تَوَفَّنِي مُسْلِمًا وَأَلْحِقْنِي بِالصَّالِحِينَ

TAWAFFANEE MUSLIMAW WA
 ALH'IQNEE BIS'-S'AALIH'EEN

[(O Lord) Let me die submitting to You (as a Muslim), and join me with the righteous.]

THANKING ALLAH FOR FOUR BLESSINGS

Imam Ali a.s. reported that Prophet Muhammad s.a. said:

“Every morning, a Muslim must remember the following four blessings of Allah. If he does not, I fear he may lose them.”

i)

الْحَمْدُ لِلَّهِ الَّذِي عَرَّفَنِي نَفْسَهُ وَلَمْ
يَتْرُكْنِي غَمِيَانَ الْقَلْبِ

ALH'AMDU LILLA AHIL LAD'EE
A'ARAFANEE NAFSAHOO WA LAM
YATRUKNEE A'AMYAANAL QALBI
[Praise be to Allah Who has enabled me to
know Him and has not left me blind-hearted.]

ii)

الْحَمْدُ لِلَّهِ الَّذِي جَعَلَنِي مِنْ أُمَّةِ
مُحَمَّدٍ (ص)

ALH'AMDU LILLA AHIL LAD'EE
JA-A'LNEE MIN UMMATI
MUH'AMMADIN

[Praise be to Allah Who has kept me among
the followers of Muhammad s.a.]

iii)

الْحَمْدُ لِلَّهِ الَّذِي جَعَلَ رِزْقِي فِي يَدَيْهِ
وَلَمْ يَجْعَلْ رِزْقِي فِي أَيْدِي النَّاسِ

AL-H'AMDU LILLA AHIL LAD'EE
JA-A'ALA RIZQEE FI YADAYHI WA LAM
YAJ-A'AL RIZQEE FI AYDINNAASI

[Praise be to Allah Who has kept my provision
in His Hand, and not kept my provision in the
hands of human being.]

iv)

الْحَمْدُ لِلَّهِ الَّذِي سَتَرْتُ نُورِي وَعَيْبِي
وَلَمْ يَفْضَحْنِي بَيْنَ خَلَائِقِ النَّاسِ

ALH'AMDU LILLA AHIL LAD'EE SATARA
D'UNOOBEE WA U'YOOBEE WA LAM
YAFZ'AH'NEE BAYNA KHALAA-IQIN
NAASI

[Praise be to Allah Who has covered my sins
and my defects, and has not exposed me in
front of human beings.]

THANKING PARENTS

Prophet Ibrahim recited this *du-a* to seek forgiveness of Allah for him, for his parents and for those who believe in the one and only Allah, because His mercy alone will keep all believers away from the fire of hell on the day of judgement.

A high ranking prophet, Ibrahim, also known as *khalilullah* (chosen friend of Allah), has included his parents in his *du-a*. The *sunnah* (way of life) of the infallible prophets is a guidance for us. It is obligatory to love our parents and respect them because through them we are brought into this world. Allah, who provides sustenance to all, has selected parents to give livelihood to all that, which have been created by Him. So next to the Almighty Allah we owe everything in our life to our parents. They take care of us from the day we are born. They bring us up with love and care. It is a well-known fact that Allah, in His infinite mercy, has the circle of continuous life on this earth, and because of this it is said that paradise lies under the feet of the mother.

Love of parents for their children is the divine wisdom through which mankind and other living beings have been surviving for millions of years on this planet. In no way we can repay our parents for what they do for us, except by following the command of Allah who asks us, in the Holy Quran, to lower unto them our wings of submission through compassion.

Children may pray a *two rak-at salat* between Maghrib and Isha *salat* for the parents, whether they are dead or alive, like *Fajr salat* with the following adjustment:

i) Make *niyyat* of *salat* for *hadiya* of *walidayn*.

ii) In the first *rak-at*, after the recitation of al Fatihah, recite (10 times):

رَبَّنَا اغْفِرْ لِيْ وَ لِوَالِدَيْ
وَلِلْمُؤْمِنِيْنَ يَوْمَ يَقُوْمُ الْحِسَابُ ؕ

RABBANAGH FIRLEE
WALI WALIDAYYA WA LIL-
MOOMINEENA YAWMA YAQOOMUL
H'ISAAB

[O our Lord, forgive me and my parents and believers on the day when the reckoning shall come to pass.] [Ibrahim : 41]

iii) In the second *rak-at*, after the recitation of al Fatihah, recite: (10 times)

رَبِّ اغْفِرْ لِيْ وَ لِوَالِدَيْ وَ لِمَنْ
دَخَلَ بَيْتِيْ مُؤْمِنًا
وَلِلْمُؤْمِنِيْنَ وَالْمُؤْمِنَاتِ ؕ
وَلَا تَزِدِ الظَّالِمِيْنَ اِلَّا تَبَارًا ؕ

[O lord, forgive me, my parents and him who enters my abode as a believer, and the believing men and believing women and do not give the unjust increase save in predition.] [Nooh : 28]

iv) After the *salam* recite the following *du-a* 10 times:

رَبِّ ارْحَمْهُمَا كَمَا رَحِمْتَ صَغِيرًا ؕ

RABBIR-H'AMHUMMA KAMAA
RABBAYAANEE S'AGHEERA

[O my Lord, have mercy on them (parents) just
as they nourished me when I was small.

[Bani Israeel : 24]

DU-A IN A NUTSHELL

This is one of the most popular *du-as*
of Prophet Muhammad s.a. he used to recite it
very often.

i)

اللَّهُمَّ اغْنِنِي بِالْعِلْمِ

وَزَيِّنِي بِالْحِلْمِ

وَأَكْرِمْنِي بِالتَّقْوَى

وَجَمِّلْنِي بِالعَافِيَةِ

ALLAHUMMA AGHNINI BIL-I'LMI
WA ZAYYINNI BIL-H'LMI
WA AKRIMNEE BITTAQWAA
WA JAMMILNEE BIL-A'AFIYATI
[Allah! Enrich me with knowledge.]

Decorate me with forbearance.

And Honour me with God-consciousness.

And Bless me with Health.

TO REMAIN FIRM ON THE RIGHT PATH

It is better to be careful and recite this *du-a* in advance so that we may not change our heart and mind (follow another religion) after accepting the true religion of Allah. Islam, the only right path.

رَبَّنَا لَا تُزِغْ قُلُوبَنَا بَعْدَ إِذْ
هَدَيْتَنَا وَهَبْ لَنَا مِنْ
لَدُنْكَ رَحْمَةً، إِنَّكَ أَنْتَ الْوَهَّابُ

RABBANAA LA-TUZIGH QULOOBANA
BA'ADA ID' HADAYTANA WA
HABLANAA MIL LADUNKA
RAH'MATAN INNAKA ANTAL
WAHHAAB

[O our Lord, donot suffer our hearts to go astray after You have (rightly) guided us, and grant us mercy from You, for verily You and You (alone) are the ever bestwer.]

When Prophet Ibrahim (a.s.) and Prophet Ismail (a.s.) completed the construction of Holy Kaba, they recited the following *Du-a*, so as a follower we should also recite this *Du-a* whenever we completed any good work in the way of Allah or for the welfare of His creature like when we complete the recitation of the Holy Quran, at the end of Majalis or Milad or any good work etc.

رَبَّنَا تَقَبَّلْ مِنَّا
إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

RABBANA TAQABBAL MINNA
INNAKA ANTAL SAMEE-U'L
A'ALEEM

[O our Lord, accept (this service)
from us. Verily You and you (alone)
are the hearer, the knower.]

